



Learn how to **save a life** in less than **90 minutes**



Join Heartstart Malvern at Malvern Theatre for this year's Restart a Heart Day on **Friday 16th October**. In less than 90 minutes, you will learn some very simple but vital skills needed to help save a life. The training is completely **free of charge**, but booking is essential.

For details about the session times,
or to book your **FREE place**, visit the
Heartstart Malvern Website:

www.heartstartmalvern.org.uk

or call **07926 615812**



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